

RESPIRATORY SYMPTOM DIARY: दैनिक स्मरण ब्रीथिंग डायरी **WWW.BREATHINGDIARY.COM**

Dr Kondekar's, Cough, Cold, Wheeze Clinic NIGHT=10PM TO 10 AM

PLEASE MARK EVERY DAY, V FOR PRESENT, - OR 0 FOR ABSENT, * FOR PERSISTENT OR SERIOUS ISSUE

| ता री ख | नाकसे सर्दी | | गलेकी खांसी | | खरखर नाक या गले से सांस की आवाज़ | | घरघर सिटी की आवाज़ or दम लगना or छाती | | बुखार | | फूकने की ताकत | श्वास दवा |
|---|-------------|-----|-------------|-----|----------------------------------|-----|---------------------------------------|-----|-------|-----|---------------|-----------|
| | दिन | रात | दिन | रात | दिन | रात | दिन | रात | दिन | रात | | |
| रिकॉर्ड, केवल पाँच सेकंड में हर दिन सुबह में - परिवार में अन्य लोगों से पूछे बिना | | | | | | | | | | | | |
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Chart this diary every day morning after waking up, and not as and when the child has symptoms. This is a daily recall diary, and hence is very convenient to use. रात का मतलब १० से १० तक, as asthma allergy related symptoms , tonsil related symptoms and heart related symptoms are likely to aggravate in night due to various reasons. For details call dr SK 9869405747 breathingdiary.com